

To:- Andrea Di Leito
Forever Living Products

From : Paula Thrumble
Haywards Heath
West Sussex

18th October 2007

Dear Andrea,

It's been quite some time since my last update regarding my progress on using Aloe Vera Juice. In fact it's been two and a half years.

I wanted to wait until I had at least some form of medical results that I could relay to you before doing so. Now I have those results and can let you know the outcome.

Before I do, I'll give you a brief reminder of my condition.

I was diagnosed with a condition known to many people as Ulcerative Colitis. I was diagnosed back in the eighties and during that time I suffered many "attacks". Chronic stomach cramps, loss of appetite, constant diarrhoea, loss of weight, to name but a few.

I have had many Colonoscopies etc., and have been pulled about to say the least over the past twenty years. The results always revealing that the Condition had progressed slightly more, much to my disappointment.

Almost three years ago I was recommended to try a Forever Living product called Aloe Vera Juice.

When I read an information leaflet about the benefits of taking just two ounces of the juice per day, I didn't hesitate in giving it a go, as I had tried many "so called" miracle cures in the past, but to no avail.

Within two weeks of drinking the juice I noticed a difference. I was feeling less bloated, the stomach cramps started to ease off, and to my surprise, the diarrhoea started to settle down. I was feeling very confident about myself because in the past I was unable to complete a full days work. I spent most of my working day in the loo.

So I continued drinking the juice according to the directions, and within three months I noticed a considerable difference in my well being. The

Colitis wasn't giving me any trouble at all. I noticed that my hair, nails and skin were looking much healthier than usual.

I had many comments from friends and family saying how well I looked.

On 13th August this year (2007), I had another Colonoscopy, and biopsies were taken from the Colon and the Bowel. I received the results of the biopsies in September. To my delight, the results revealed that the Colitis has remained the same with no further progression and there is no trace of cancer in the Colon or the bowel.

I can't tell you how relieved and happy I was to receive such results. It has made an enormous difference to my life and my family.

Whilst I still continue with the prescribed medication from my G.P., I always have my two ounces of Aloe Vera every morning.

I have the occasional upset tummy, but nothing like what I used to suffer in the past.

I do believe that drinking the Aloe Vera Juice has helped to relieve the inflammation in the Colon thus relieving the symptoms of Ulcerative Colitis.

I hope more people with a similar condition give it a go, and hopefully see an improvement in their own well being.

Many thanks.

Paula.