Roger Kennedy South Coast UK February 2008

## **Asthma Testimonial**

## Allergic Asthma

I have always suffered from asthma – put me near cats, household dust, pollen and I start to wheeze, my eyes water, my nose runs, I cough and my skin itches. I have used a blue Ventolin inhaler to 'fire fight' these attacks for many years.

Just over 6 years ago my wife and I were introduced to Forever Aloe Vera products. I started to drink the Aloe Vera Gel for more energy but hated the taste so changed to the sweeter Aloe Berry Nectar with cranberries and apple.

I just took 2 fluid ounces every day and after about 18 months I realised I was using my inhaler less and less. When the inhaler finally ran out I got my doctor to issue a new prescription but I have never taken it to the chemist to get the new inhaler. It is now over four and half years since I have had an asthma attack.

Simply drinking one of the Forever Aloe Vera drinks, every day, has had a real effect on my quality of life.

Roger Kennedy Age 59