Ulcerative Colitis/Crohns

When I spoke to you after taking the gel for about a month I thought it had made a slight improvement but nothing special. However I have persevered and the last couple of weeks I have had a dramatic improvement and have been better than I have been for 2 years. I see that when they did the trial it was only given for 4 weeks and if I could have any input to any further trial I would say do it over 3 months. My condition was pretty bad and I had gone through every treatment there was - including the last resort - inflixamab infusions. This admittedly stopped the continual diarrhoea but I was still passing a lot of blood all the time - showing that my colon was still ulcerated. In my particular case it is the whole colon and not just parts of it. The other symptoms were horrible as well - continual pain and discomfort and "if you've got to go you've got to go" - not much warning!

Well the last couple of weeks I haven't passed any blood at all and apart from the odd day I have been pain free. Also I actually get time to get to the toilet now instead of having to dash.

I know it all sounds a bit gory but Ulcerative Colitis/Crohns is a horrible thing to have to put up with. As I have stopped taking all steroids and cut down on my other medication I know now it is definitely down to taking the Aloe Vera. Probably it took 3 months as my condition was very bad - in fact I was all lined up for surgery (the whole colon out and an illeostomy) and I don't think the consultant can believe that I am so well. I am seeing him again next week and I will let you know if my blood tests confirm that I am actually better as I think I am

Best wishes

Angela West