

1<sup>st</sup> November 2007

Dear Andrea,

I wanted to write to let you know how I am getting on with the Aloe Vera Juice. As you will be aware, I have now been taking the Aloe for some considerable time, so I wanted to give you an update.

I have noticed quite a few changes since I spoke to you last and in fact I am feeling very well indeed.

- 1) My hair is growing much quicker than it usually does.
- 2) My nails are also growing much quicker.
- 3) My skin is in much better condition.
- 4) The Ulcerative Colitis is, I think at a stage that I can safely say “ I have never felt better”.

I told a friend about the Juice. She has been drinking it for the past two months too. She has Crohn's disease too, and has noticed a difference already. She then told her husband about it, and he drinks it too, for Arthritis and has noticed an enormous difference in his joints.

I will keep you informed of any changes in my well being with regards to the Aloe Vera Juice.

Many thanks.

Paula Thrumble.