

Supplement Power!

I have had Crohn's disease since 1995 after taking anti-inflammatory tablets for a bad back. To say I was grey and terribly ill is an understatement. I have taken the Gel drink since 2000. However, it was in 2002, after the reversal of an ileostomy (bag on the outside of my body), that I promised myself not to mess around sipping the liquid anymore, but to do my best not to have another ileostomy. I haven't looked back since – I can even stop a flare-up at ten paces with excess consumption of the Gel – brilliant.

I decided the time was right for the business in 2006, whilst on sick leave (the last time I took steroids), from my part-time job as secretary to the Head of Histopathology. I felt I needed to keep busy. Pia Warne tried to point me in the right direction but I thought I knew better! It wasn't until the following May (2007) that I had my Business Launch which is when the business really started properly for me.

Every time I felt like giving up or had a bad day, I got another Customer and helped somebody else's health! I really was meant to do this. I finally gave up my part-time hospital job last September 2007. I now have time to look after my three children and husband properly. Since writing this article, I have also found a terrific benefit to my Crohn's by taking Arctic-Sea Super Omega-3 and Bee Pollen tablets. This has now meant that I can stop using steroid enemas for the first time in 13 years.

I have counselling and listening skills and I have recently qualified as a Holistic Massage Therapist, which goes very well with Forever. The massage helps people with their aches and pains. The listening skills help people with their stresses and I have a magical liquid gold bottle called Aloe Vera Gel for their insides and a cream for their outsides. Could life be any better for me or my clients, family and friends? What a perfect trilogy!

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Supervisor