

'Bacchus'  
The Hawthorns  
Outwood  
Wakefield  
West Yorkshire  
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June 1995

M.E. and my illness.

Dear fellow sufferer,

I have lived with M.E. for four and a half years, and know only too well the familiar joint and muscle pain, which regularly restricted my mobility, and the numerous digestive problems, which had become part of my life.

Three months ago, my wife heard of a natural plant extract said to have many properties, including its ability to act as a natural digestive stabilizer and anti-inflammatory agent, the plant was Aloe Vera. So we gathered more information on Aloe Vera, and I must admit I was very skeptical that a plant extract would have any beneficial effects at all, but, as I am sure you know, when living with M.E., there are times where you will try anything.

The company which supplies the Aloe Vera I take, 'Forever Living Products', also offer an unconditional refund, if, after 2 months, there has been no improvement in your health.

So after confirming that my consultant (a leading researcher into M.E.) had no objections to me trying the Aloe Vera, I decided I had nothing to lose and started taking the Aloe three times a day.

The results were not immediate, but I was assured that to de-toxify my system, and act as a natural anti-inflammatory agent etc., would take a little time, and to be patient, so I carried on taking the Aloe.

To my great surprise however, I realised I was taking less pain-killers. Still some-what skeptical, I put the reduction in pain, and general 'feeling better', down to a temporary and co-incidental 'good spell'.

By the time I had been taking the 'Aloe' for about 6-8 weeks, all muscle and joint pain had reduced, and my digestive system was very settled.

Over the weeks I had been taking the Aloe, I had not changed my diet or medication in any way, and I am convinced that the improvement in my condition is entirely as a result of taking the 'Forever Living Products' Aloe Vera, and for the first time in four and a half years I was free from muscle and joint pain.

Having experienced such remarkable results with Aloe Vera, I am now undertaking a course of Bee Propolis tablets. These are said to enhance the immune system, and as with the Aloe Vera, they also come with a 60 day money back guarantee.

I have contacted other branches of M.E. Action/Self help groups, who have been very interested in my 'discovery', and I am eager to continue spreading the word to fellow sufferers.

As far as I am aware, the company I buy them from are the only company who offer a money back guarantee on these products.

Wishing you good health,

Yours sincerely,

Kevin James