From: Sue Parry [SueParry@flpuk.net]

Sent: 08 September 2008 10:49

To: Robert Strange Subject: RE: Arthritis

Hello Robert & Lynne

The MSM Gel should actually help as the MSM gets absorbed into the joints. Some people do prefer the heat from Heat Lotion but others find the cooling effect of MSM Gel is beneficial for osteoarthritis. Active HA and Arctic Sea Omega 3 are the supplements that can also help in some cases.

If this person's joints are totally devoid of cushioning, surgery might be the only way to get relief.

Kind regards,

Dr Peter Atherton

From: Robert Strange

Sent: 04 September 2008 18:51

To: Sue Parry Subject: Arthritis

Hi Sue and Peter

I am enquiring on behalf of Maureen who has arthritis in her knee and ankle and gets relief with Freedom and Heat Lotion. She doesn't perceive and benefit from MSM Gel.

In her ankle she can feel the grating of her bones. What products would you recommend for her to give additional relief?

Regards

Robert and Lynne Strange